

## Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

## Meet Program - Session 4 (Warmup 7.45 - 8.45)

**Event 201 Female 12 & Over 50 SC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 11 Prelims**

1	Atkins, Amelia	13	Holywell	32.47
2	Neumann, Erin	12	Mt Kelly	32.40
3	Kazmiruk, Anastasiia	13	Nofio S Gar	32.35
4	Burns, Freya	13	Nofio S Gar	32.28
5	Thompson, Pippa	14	Teddington	32.30
6	Givvons, Imogen	14	Co Newport	32.37
7	Bereznicki, Lilly	12	Mt Kelly	32.40
8	Linley-Shaw, Elsa	12	Mt Kelly	32.50

**Heat 2 of 11 Prelims**

1	Kolev, Maiya	14	Kingston Roy	32.13
2	Sutton, Emily	13	NofioGwynedd	32.03
3	Lewis, Harriet	12	Co Cardiff	31.90
4	Andrews, Bella	14	Co Newport	31.70
5	Rautenbach, Tallulah	14	EllesmereCSA	31.85
6	Williams, Poppy	13	Nofio Bangor	31.90
7	Duggan, Grace	13	Rct Squad	32.10
8	Thomas, Manisha	12	Anaconda	32.21

**Heat 3 of 11 Prelims**

1	Williams, Cari	15	Nofio Bangor	31.62
2	Kugeler, Emma	15	Mt Kelly	31.58
3	Spence, Emilia	13	Co Birm'ham	31.50
4	Correa-Garma, Letizia	13	Millfield	31.50
5	Chillingworth, Sienna	14	Mt Kelly	31.50
6	Gerrard, Amelia	15	Co Liverpool	31.52
7	Gregory, India	12	Mt Kelly	31.60
8	Russell, Emilia	14	Kingston Roy	31.62

**Heat 4 of 11 Prelims**

1	Griffiths, Cerys	14	Pembs Cty	31.23
2	James, Grace	15	Bridgend Cty	31.10
3	James, Josie Amy	14	Royal Wolv	30.90
4	Fitzgerald, Mali	14	Bridgend Cty	30.88
5	Hughes, Nel	13	NofioGwynedd	30.90
6	Flanagan, Evelyn	14	Co Liverpool	31.00
7	Hughes-Rolls, Ava	15	Torfaen D	31.20
8	Bissicks, Cari	13	Neath	31.27

**Heat 5 of 11 Prelims**

1	Gibbs, Harriet	16	Nofio S Gar	30.81
2	Roberts, Mali	14	NofioGwynedd	30.80
3	Martin, Lara	16	Bridgend Cty	30.70
4	Cust, Ciara	17	Conwy	30.60
5	Sweet-Roberts, Pip	12	Torfaen D	30.64
6	Jones, Martha	15	Conwy	30.70
7	Claxton, Autum	13	Mt Kelly	30.80
8	Coffey, Cora-Leigh	14	Neath	30.85

**Heat 6 of 11 Prelims**

1	Ach Rhys, Esyllt	14	NofioGwynedd	30.40
2	Hill, Emma	13	Teddington	30.30
3	Geach, Libbie	15	Neath	30.23
4	Salmon, Gwen	17	Rct Squad	30.16
5	Andrews, Joanne	14	Wrexham	30.20
6	Robinson, Scarlett	16	Copeland	30.26
7	O Callaghan, Faye	19	Co Cardiff	30.30
8	Handley, Evie	15	Exeter City	30.40

**Heat 7 of 11 Prelims**

1	Hall, Emily	14	Warrington W	30.06
2	Matthews, Elin	14	Co Cardiff	29.90
3	Nichols, Grace	14	Pembs Cty	29.80
4	Smart, Charlotte	17	Swansea Aq	29.80
5	Johnson, Erin	15	Nuneaton	29.80
6	Hadlington, Libby	14	Royal Wolv	29.90
7	Tucker, Holly	16	Swansea Aq	30.00
8	Davies, Rachel	19	Swansea Uni	30.10

**Heat 8 of 11 Prelims**

1	Blanch, Janelle Ashley	17	Cirencester	29.63
2	Cranch, Molly	21	Swansea Uni	29.50
3	Hunter, Olivia	20	Swansea Uni	29.44
4	Hudson, Victoria	15	Mt Kelly	29.40
5	Crawley, Abigail	19	Swansea Uni	29.40
6	Vellaud, Hermance	15	Mt Kelly	29.50
7	Jones, Maisie	14	Co Cardiff	29.60
8	Butcher, Katherine	20	Swansea Uni	29.70

**Heat 9 of 11 Prelims**

1	Daniel, Megan	14	Caradon	29.20
2	Deakin, Ellena	16	Teddington	28.90
3	Morgan, Isabel	20	Co Cardiff	28.10
4	Pease, Georgia	22	Bath Univ	27.50
5	Rose, Katie	18	Swansea Uni	27.90
6	Dewsbury, Daisy	19	Swansea Uni	28.53
7	De Torres, Rebecca	20	Co Cardiff	28.94
8	Boyle, Felicity	18	Mt Kelly	29.30

**Heat 10 of 11 Prelims**

1	Cull, Harriett	17	Co Cardiff	29.20
2	Mortimer, Constance	19	Swansea Uni	28.90
3	Jones, Isabella	19	Nofio S Gar	27.91
4	Sutton, Rebecca	23	Swansea Uni	26.90
5	Beynon, Annaliese	24	Co Cardiff	27.80
6	Roberts, Catherine Elin	21	Swansea Uni	28.42
7	Davis, Bethan	19	Swansea Uni	28.90
8	Schumm, Libby	15	Torfaen D	29.30

**Heat 11 of 11 Prelims**

1	Rees, Katie	26	Swansea Uni	29.20
2	Lee, Edith	14	Co Cardiff	28.58
3	Grant, Lucy	17	Co Newport	27.90
4	Taylor, Theodora	15	Torfaen D	26.30
5	Woodcock, Hannah	20	Swansea Uni	27.63
6	Donovan, Kelsey	19	Bath Univ	28.40
7	Dwyfor-Clark, Efa	15	NofioGwynedd	28.90
8	Humphreys, Ffion	16	NofioGwynedd	29.22

**Event 202 Men 12 & Over 50 SC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 9 Prelims**

1	Atherton, Morgan	15	Nuneaton	29.30
2	Lazizi, Rassim	15	Hackney	29.10
3	Winpenny, Alfie	14	Teddington	28.90
4	Hewitt, Archie	14	Torfaen D	28.60
5	Kelly, Lewis	15	Okehampton	28.70
6	Park, Reggie Samuel	14	Holywell	29.06
7	Obatoyinbo, Kashope	14	Mt Kelly	29.23
8	Meilleur, Elliot	14	NofioGwynedd	29.30

## Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

## Meet Program - Session 4 (Warmup 7.45 - 8.45)

**Heat 2 Prelims (#202 Men 12 & Over 50 SC Meter Butterfly)**

1	Bie, Alfie	16	Nofio Clwyd	28.34	___
2	Spinks, Owen	16	Torfaen D	28.05	___
3	Davey, Oliver	15	Mt Kelly	28.00	___
4	Montgomery, Samuel	16	Pembs Cty	27.80	___
5	Bie, Addison	17	Nofio Clwyd	27.99	___
6	Leonard, Ewan	15	Conwy	28.00	___
7	Mathieson, Edward	14	Mt Kelly	28.30	___
8	Chapman, Coby	15	Penyrheol	28.60	___

**Heat 3 of 9 Prelims**

1	Watkins, William	16	Bridgend SC	27.70	___
2	West, Dexter	15	Pembs Cty	27.68	___
3	Owen, Vinnie	16	Co Cardiff	27.55	___
4	Deacon, Cameron	14	Co Cardiff	27.40	___
5	Galant Draysey, Lucas	16	Teddington	27.40	___
6	Wu, Kevin	20	Swansea Uni	27.68	___
7	Rixon, Oliver	16	Co Newport	27.70	___
8	Upton-Boorman, Liam	17	Nofio S Gar	27.77	___

**Heat 4 of 9 Prelims**

1	Southwood, Charlie	17	Torfaen D	27.30	___
2	Gjoka, Ilir	18	Mt Kelly	27.20	___
3	Major, Maximus	14	Co Newport	27.10	___
4	Rescigno, Alberto	17	EllesmereCSA	27.00	___
5	Ellis-Sixsmith, Lucas	17	Nofio Clwyd	27.01	___
6	Kershaw, Harvey	14	Mt Kelly	27.20	___
7	Grenardo, Sebastian	15	Okehampton	27.27	___
8	Caddy, Alexander	17	Caradon	27.30	___

**Heat 5 of 9 Prelims**

1	Bebb, Lewis	17	Newtown	26.98	___
2	Jasinski, Hubert	17	Co Newport	26.80	___
3	Corani, Kalaum	20	Swansea Uni	26.70	___
4	Thomas, Lucas	16	Conwy	26.60	___
5	Silverstone, Solomon	15	Pembs Cty	26.67	___
6	Gaughan, Luke	17	Billingham	26.80	___
7	Prysor, Sami	17	EllesmereCSA	26.90	___
8	Allpress, Ethan	18	Ulverston	27.00	___

**Heat 6 of 9 Prelims**

1	Darbey, Rhys	17	Nofio Clwyd	26.51	___
2	Preece, Toby	17	Bridgend Cty	26.50	___
3	Pugh, Morgan	17	Torfaen D	26.20	___
4	Blazej, Ivan	17	Mt Kelly	26.10	___
5	Holland, Tyler	16	EllesmereCSA	26.20	___
6	Linehan, Oliver	15	Kingston Roy	26.20	___
7	Cressey-Rodgers, Ioan	19	Nofio S Gar	26.50	___
8	Wright, Ethan	22	Nofio Bangor	26.56	___

**Heat 7 of 9 Prelims**

1	McCarthy, Benedict	15	Co Cardiff	25.80	___
2	Docking-Smith, Frankie	20	Swansea Uni	25.04	___
3	Murray, Ross	19	Swansea Uni	24.80	___
4	Anderson, Maxwell	19	Co Cardiff	24.00	___
5	Karpisz, Bartek	31	Co Bristol	24.43	___
6	James, Tristyn	18	Bridgend Cty	24.90	___
7	Young, Alex	17	Rhyl Dolphin	25.58	___
8	Thomas, Rhys	19	Swansea Uni	26.00	___

**Heat 8 of 9 Prelims**

1	Geysen-Holley, Max	19	Co Cardiff	25.60	___
2	Larkin, Ryan	23	Swansea Uni	25.00	___
3	Poole, Dexter	19	Swansea Uni	24.80	___
4	Rawes, Sebastian	20	Swansea Uni	23.91	___
5	Morgan-Hughes, Harry	19	Bath Univ	24.40	___
6	Davies, Evan	18	Co Cardiff	24.84	___
7	Dade, Oliver	19	Bath Univ	25.30	___
8	Westwood, Owen	20	Swansea Uni	26.00	___

**Heat 9 of 9 Prelims**

1	Lee, Ethan	18	Bath Univ	25.60	___
2	Greenway, Morgan	21	Swansea Uni	25.00	___
3	Rodriguez, Antonio	20	Swansea Uni	24.65	___
4	Jones, Dan	28	Swansea Uni	23.13	___
5	Edwards, Rhys	22	Swansea Uni	24.24	___
6	Edwards, Dion	17	NofioGwynedd	24.80	___
7	Johnstone, Daniel	17	Nofio S Gar	25.20	___
8	Fowler, Joseph	18	Uni of Nott	26.00	___

**Event 203 Female 12 & Over 400 SC Meter Freestyle**

Lane	Name	Age	Team	Seed Time	
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**Heat 1 of 6 Prelims**

1	Reed, Isabella	13	Co Cardiff	4:50.75	___
2	Williams, Lucia	13	Kingston Roy	4:47.70	___
3	Teggarty-Sparks, Ida	13	Teddington	4:47.50	___
4	Beattie, Maisie	15	EllesmereCSA	4:46.10	___
5	Givvons, Imogen	14	Co Newport	4:46.99	___
6	Coles, Mya	14	Co Newport	4:47.70	___
7	Neumann, Erin	12	Mt Kelly	4:49.21	___
8	Ribeiro, Ariana	13	Co Cardiff	4:51.13	___

**Heat 2 of 6 Prelims**

1	Philpott, Ffion	15	Nofio S Gar	4:45.70	___
2	Roberts, Mali	14	NofioGwynedd	4:45.08	___
3	Galdes Cutting, Daisy	13	Pembs Cty	4:44.30	___
4	Thomas, Serenity	14	Conwy	4:43.54	___
5	Russell, Emilia	14	Kingston Roy	4:43.97	___
6	Ach Rhys, Eysyllt	14	NofioGwynedd	4:44.52	___
7	Burton, Chloe	15	Royal Wolv	4:45.20	___
8	Devin, Erin	14	Wrexham	4:45.96	___

**Heat 3 of 6 Prelims**

1	Spence, Emilia	13	Co Birm'ham	4:42.13	___
2	Ward, Lois	13	Nuneaton	4:40.42	___
3	Iles, Jessica	14	Co Cardiff	4:39.45	___
4	Humphreys, Ffion	16	NofioGwynedd	4:36.00	___
5	Deakin, Ellena	16	Teddington	4:37.04	___
6	Neumann, Eva	14	Mt Kelly	4:39.93	___
7	Sherrard, Alex	12	Torfaen D	4:40.91	___
8	Mason, Eliza	13	EllesmereCSA	4:42.50	___

**Heat 4 of 6 Prelims**

1	Gerrard, Amelia	15	Co Liverpool	4:35.68	___
2	Wiseman Lee, Thea	16	Teddington	4:34.86	___
3	%Williams, Rose S14	16	Co Cardiff	4:34.26	___
4	Sherrard, Emme	15	Torfaen D	4:33.70	___
5	Dacey, Mollie	16	Co Cardiff	4:34.20	___
6	Watts, Olivia	15	EllesmereCSA	4:34.80	___
7	Anderson, Rosalie	14	Co Cardiff	4:35.12	___
8	Johnson, Erin	15	Nuneaton	4:35.78	___

## Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

## Meet Program - Session 4 (Warmup 7.45 - 8.45)

**Heat 5 Prelims (#203 Female 12 & Over 400 SC Meter Freestyle)**

1	Grant, Lucy	17	Co Newport	4:33.34	___
2	Cumner, Megan	17	Mt Kelly	4:30.10	___
3	Griffiths, Cerys	14	Pembs Cty	4:21.80	___
4	John, Emilia	17	Co Cardiff	4:16.60	___
5	Patterson, Millie	18	Swansea Uni	4:21.30	___
6	Slinn, Esmee	15	EllesmereCSA	4:29.50	___
7	Handley, Evie	15	Exeter City	4:31.26	___
8	Weaver, Poppy	17	Teddington	4:33.62	___

**Heat 6 of 6 Prelims**

1	Johnson, Charlotte	21	Swansea Uni	4:31.36	___
2	Hornby, Rachel	20	Swansea Uni	4:29.80	___
3	Mitchell, Abby	18	Swansea Uni	4:21.73	___
4	Monks, Aimee	19	Swansea Uni	4:09.46	___
5	Forwood, Emily	20	Swansea Uni	4:19.90	___
6	Claxton, Autum	13	Mt Kelly	4:27.90	___
7	Martin, Cazia	15	Co Sheffield	4:30.30	___
8	Hall, Emily	14	Warrington W	4:33.50	___

**Event 204 Men 12 & Over 200 SC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 5 Prelims**

1	Gwynfil, Solomon	14	Co Cardiff	2:24.81	___
2	Vinh, Joshua	15	Co Newport	2:21.95	___
3	Brinkworth, James	15	Caradon	2:20.31	___
4	Fletcher, Miles	14	Co Cardiff	2:19.12	___
5	Deacon, Cameron	14	Co Cardiff	2:19.51	___
6	Elmes, Max	13	Nofio S Gar	2:21.00	___
7	Opiniano, Nathaniel	14	Teddington	2:23.33	___
8	Mathieson, Edward	14	Mt Kelly	2:24.85	___

**Heat 2 of 5 Prelims**

1	Davies, Brynley	14	Co Newport	2:18.05	___
2	Jenkins, Oliver	14	S Bournem'th	2:17.61	___
3	Allinson-Rodrigues, J	16	Teddington	2:16.78	___
4	Winpenny, Alfie	14	Teddington	2:15.53	___
5	Thomas, Iolo	14	Neath	2:16.45	___
6	Zaharewicz, Rowan	16	Teddington	2:17.29	___
7	Montague, Mason	16	Pembs Cty	2:18.00	___
8	Mills, Ioan	15	Torfaen D	2:18.20	___

**Heat 3 of 5 Prelims**

1	Leppert, Oliver	16	Co Hereford	2:14.02	___
2	Foster, Henry	15	Redditch	2:12.04	___
3	Edwards, Ross	15	Co Cardiff	2:05.40	___
4	Hollinsky, Gideon	19	Swansea Uni	2:02.23	___
5	Clegg, Luke	19	Swansea Uni	2:04.18	___
6	McCarthy, Benedict	15	Co Cardiff	2:09.60	___
7	Brown, Layton	16	Nuneaton	2:13.00	___
8	Montgomery, Samuel	16	Pembs Cty	2:15.38	___

**Heat 4 of 5 Prelims**

1	Walker, Freddie	16	Gloucester	2:13.68	___
2	Gore, Andrew	19	Co Cardiff	2:10.98	___
3	Arnold, Jack	16	Swansea Aq	2:05.12	___
4	Morgan, Dominic	19	Swansea Uni	1:58.31	___
5	Johnstone, Daniel	17	Nofio S Gar	2:03.14	___
6	Allpress, Ethan	18	Ulverston	2:09.52	___
7	Holder, Jakob	17	Teddington	2:12.67	___
8	Ward, Iwan	16	Droitwich	2:14.70	___

**Heat 5 of 5 Prelims**

1	Keers, Jack	15	Teddington	2:13.64	___
2	West, Dexter	15	Pembs Cty	2:09.98	___
3	Staines, Luca	20	Swansea Uni	2:04.54	___
4	Barlow, Oscar	19	Swansea Uni	1:57.20	___
5	John, Finlay	18	Bridgend Cty	2:02.92	___
6	Adams, Fynn	15	Teddington	2:09.04	___
7	Davies, Iwan	16	Co Cardiff	2:12.40	___
8	Atherton, Morgan	15	Nuneaton	2:14.60	___

**Event 205 Female 12 & Over 100 SC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 10 Prelims**

1	Allen, Isabel	13	Co Cardiff	1:13.37	___
2	Hughes, Nel	13	NofioGwynedd	1:13.14	___
3	Galbraith, Evelyn	13	Haslemere	1:13.02	___
4	Burns, Freya	13	Nofio S Gar	1:12.99	___
5	Taylor, Rebecca	14	Wrexham	1:12.99	___
6	Galdes Cutting, Daisy	13	Pembs Cty	1:13.08	___
7	Wood, Hana	14	Dinnaton	1:13.16	___
8	Atkins, Amelia	13	Holywell	1:13.40	___

**Heat 2 of 10 Prelims**

1	Ach Rhys, Eyllt	14	NofioGwynedd	1:12.57	___
2	Roberts, Isabel	14	Co Cardiff	1:12.10	___
3	Roberts, Mali	14	NofioGwynedd	1:11.72	___
4	Sweet-Roberts, Pip	12	Torfaen D	1:11.60	___
5	Hands, Ava	13	Nuneaton	1:11.62	___
6	Hughes-Rolls, Ava	15	Torfaen D	1:11.90	___
7	Thomas, Serenity	14	Conwy	1:12.11	___
8	Tilley, Ella	13	Royal Wolv	1:12.70	___

**Heat 3 of 10 Prelims**

1	Fitzgerald, Mali	14	Bridgend Cty	1:11.14	___
2	Fowler, Maisie	13	Rct Squad	1:10.94	___
3	Flint, Mia	15	Co Cardiff	1:10.85	___
4	Bennett, Isla	13	Co Cardiff	1:10.77	___
5	Edwards, Alaw	14	NofioGwynedd	1:10.78	___
6	Coffey, Cora-Leigh	14	Neath	1:10.94	___
7	Fowkes, Amelia	13	Royal Wolv	1:11.07	___
8	Correa-Garma, Letizia	13	Millfield	1:11.41	___

**Heat 4 of 10 Prelims**

1	Schumm, Libby	15	Torfaen D	1:10.50	___
2	Russell, Emilia	14	Kingston Roy	1:10.20	___
3	Vellaud, Hermance	15	Mt Kelly	1:10.00	___
4	Taffetsauffer, Isabella	13	Nofio S Gar	1:09.89	___
5	Teggarty-Sparks, Ida	13	Teddington	1:09.99	___
6	Parfitt, Kali	14	Torfaen D	1:10.09	___
7	Sundsbo, Klara	13	Hackney	1:10.21	___
8	Kindred, Ella	13	Co Hereford	1:10.70	___

**Heat 5 of 10 Prelims**

1	Carter, Ava	16	Penyrheol	1:09.71	___
2	Prosser, Sofia	12	Torfaen D	1:09.40	___
3	Gregory, India	12	Mt Kelly	1:09.22	___
4	Slinn, Esmee	15	EllesmereCSA	1:09.05	___
5	Gregory, Mollie-Zena	16	S Bournem'th	1:09.20	___
6	Geach, Libbie	15	Neath	1:09.30	___
7	Martin, Lara	16	Bridgend Cty	1:09.50	___
8	Deakin, Ellena	16	Teddington	1:09.78	___

## Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

## Meet Program - Session 4 (Warmup 7.45 - 8.45)

**Heat 6 Prelims (#205 Female 12 & Over 100 SC Meter Backstroke)**

1	Robinson, Scarlett	16	Copeland	1:08.80	___
2	Arnold, Jessica	14	Swansea Aq	1:08.54	___
3	Watts, Olivia	15	EllesmereCSA	1:07.94	___
4	Smart, Charlotte	17	Swansea Aq	1:07.78	___
5	Shields, Logan	18	Royal Wolv	1:07.79	___
6	%Williams, Rose S14	16	Co Cardiff	1:08.54	___
7	Spence, Emilia	13	Co Birm'ham	1:08.70	___
8	Wardell, Cari	15	Co Cardiff	1:08.82	___

**Heat 7 of 10 Prelims**

1	James, Grace	15	Bridgend Cty	1:07.38	___
2	Croke, Carys	17	Torfaen D	1:06.78	___
3	Anderson, Rosalie	14	Co Cardiff	1:06.70	___
4	Lush, Emily	22	Swansea Uni	1:06.59	___
5	Parfitt, Lucy	16	Co Cardiff	1:06.66	___
6	Crawley, Abigail	19	Swansea Uni	1:06.74	___
7	Keepings, Charlotte	18	Swansea Uni	1:06.90	___
8	Crumpler, Ellie	16	S Bournem'th	1:07.59	___

**Heat 8 of 10 Prelims**

1	Hernandez Taylor, Ivy	15	Hackney	1:06.37	___
2	Hall, Emily	14	Warrington W	1:05.55	___
3	Nichols, Grace	14	Pembs Cty	1:03.77	___
4	Humphreys, Ffion	16	NofioGwynedd	1:02.30	___
5	Butcher, Katherine	20	Swansea Uni	1:03.24	___
6	Titchener, Megan	16	Torfaen D	1:04.50	___
7	Winstanley, Elin	15	Co Hereford	1:06.04	___
8	Daniel, Megan	14	Caradon	1:06.46	___

**Heat 9 of 10 Prelims**

1	Salmon, Gwen	17	Rct Squad	1:06.34	___
2	Dacey, Mollie	16	Co Cardiff	1:04.93	___
3	Rose, Katie	18	Swansea Uni	1:03.40	___
4	Sutton, Rebecca	23	Swansea Uni	1:00.80	___
5	Willis, Hannah	19	Swansea Uni	1:02.79	___
6	Dwyfor-Clark, Efa	15	NofioGwynedd	1:04.38	___
7	Holt, Ava	17	Teddington	1:05.92	___
8	Claxton, Autum	13	Mt Kelly	1:06.46	___

**Heat 10 of 10 Prelims**

1	Leggott, Holly	22	Swansea Uni	1:06.15	___
2	Johnson, Erin	15	Nuneaton	1:04.81	___
3	Owen, Gracie	16	Torfaen D	1:03.35	___
4	Major, Scarlet	21	Swansea Uni	1:00.42	___
5	Stead, Martha	19	Swansea Uni	1:02.55	___
6	Fox, Honor	17	Co Cardiff	1:04.33	___
7	Ford, Katie	18	Swansea Uni	1:05.82	___
8	Rautenbach, Tallulah	14	EllesmereCSA	1:06.45	___

**Event 206 Men 12 & Over 100 SC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 6 Prelims**

1	Evans, Oscar	15	Co Hereford	1:12.37	___
2	Doyle, Alfie	16	Co Newport	1:12.12	___
3	Powell, Zachary	16	TauntonDeane	1:12.00	___
4	Richardson, Osian	16	Swansea Aq	1:11.60	___
5	Roberts, Thomas	16	Hackney	1:11.90	___
6	Meilleur, Elliot	14	NofioGwynedd	1:12.10	___
7	Hole, Ethan	15	Co Cardiff	1:12.20	___
8	Thomas, Archie	14	Co Cardiff	1:12.40	___

**Heat 2 of 6 Prelims**

1	Longworth, Ellis	18	Conwy	1:11.00	___
2	Phillips, Finley	14	Nofio S Gar	1:10.76	___
3	Molyneux, Finley	16	Okehampton	1:10.40	___
4	Williams, Luke	16	Co Newport	1:10.18	___
5	Preece, Toby	17	Bridgend Cty	1:10.40	___
6	Bennett, Finley	15	Pembs Cty	1:10.65	___
7	Neaves, Jake	15	EllesmereCSA	1:10.80	___
8	Tennant, Cale	16	Eastbourne	1:11.50	___

**Heat 3 of 6 Prelims**

1	Bolwell, Logan	16	Trowbridge	1:10.13	___
2	Greenslade, Benjamin	14	Tiverton	1:09.99	___
3	James, Rhys	15	Rct Squad	1:09.90	___
4	Murphy, Rocco	14	Nuneaton	1:09.86	___
5	Baker, Ellis	18	Caradon	1:09.86	___
6	Poynter, Harry	19	Seaclose	1:09.97	___
7	Estrada Aburto, Diego	27	Swansea Uni	1:10.02	___
8	Ukkash, Hayam	18	Swansea Uni	1:10.18	___

**Heat 4 of 6 Prelims**

1	Thomas, Lucas	16	Conwy	1:09.20	___
2	Ellis-Sixsmith, Ethan	21	Nofio Clwyd	1:05.43	___
3	Stratton, Joe	20	Swansea Uni	1:04.44	___
4	Ito, Ley	19	Hackney	1:01.90	___
5	McGregor, Drew	21	Co Cardiff	1:03.73	___
6	Sin, Yau Cheung	21	Devonport	1:05.09	___
7	Clarke, Henry	17	Swansea Aq	1:08.10	___
8	Song, Guangping	15	EllesmereCSA	1:09.72	___

**Heat 5 of 6 Prelims**

1	Caddy, Alexander	17	Caradon	1:09.18	___
2	Lovell-Pascal, Jean-Luc	19	Swansea Uni	1:05.20	___
3	Gallagher, Dylan	21	Swansea Uni	1:04.35	___
4	Anderson, Maxwell	19	Co Cardiff	1:01.60	___
5	Walford, Nathan	19	Swansea Uni	1:03.25	___
6	Grenardo, Alexander	17	Okehampton	1:04.89	___
7	James, Jack	17	Torfaen D	1:06.34	___
8	Custer, George	14	Royal Wolv	1:09.65	___

**Heat 6 of 6 Prelims**

1	Ma, Ko Kwan	15	Co Cardiff	1:09.03	___
2	Adams, Luke	22	Co Salford	1:05.09	___
3	Minshull, Callum	20	Swansea Uni	1:04.15	___
4	Fraser, Lewis	24	Swansea Uni	58.29	___
5	Gallagher, Reagan	18	TauntonDeane	1:02.70	___
6	Sheppard, Rhydian	17	Co Cardiff	1:04.59	___
7	Hoey, Luke	22	Swansea Uni	1:05.48	___
8	Bonser, Alfie	15	Royal Wolv	1:09.50	___

**Event 207 Female 12 & Over 200 SC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 9 Prelims**

1	Bissicks, Cari	13	Neath	2:57.42	___
2	Lewis-Jones, Idele	13	Wrexham	2:56.84	___
3	Johnson, Poppy	15	Holywell	2:56.40	___
4	Powell, Josie	14	Bridgend SC	2:56.30	___
5	Devin, Erin	14	Wrexham	2:56.38	___
6	Knight, Lily	14	Swansea Aq	2:56.71	___
7	Burton, Chloe	15	Royal Wolv	2:57.17	___
8	Bates, Molly	13	Wrexham	2:57.81	___

## Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

## Meet Program - Session 4 (Warmup 7.45 - 8.45)

**Heat 2 Prelims (#207 Female 12 & Over 200 SC Meter Breaststroke)**

1	Phillips, Emma	14	Teddington	2:55.31	___
2	Stark, Tala	14	Pembs Cty	2:54.29	___
3	Hill, Emma	13	Teddington	2:54.02	___
4	Jones, Aimee	12	Newton Abbot	2:53.92	___
5	Dearden, Harriet	14	Nuneaton	2:53.99	___
6	Yelland, Yasmin	14	Torquay	2:54.12	___
7	Galbraith, Evelyn	13	Haslemere	2:54.50	___
8	Lewis, Harriet	12	Co Cardiff	2:56.28	___

**Heat 3 of 9 Prelims**

1	Hudson, Victoria	15	Mt Kelly	2:53.01	___
2	Robinson, Mia	13	Southport	2:52.00	___
3	Robinson, Scarlett	16	Copeland	2:51.67	___
4	Flanagan, Evelyn	14	Co Liverpool	2:50.82	___
5	Matthews, Elin	14	Co Cardiff	2:51.10	___
6	Simons, Georgia	13	Anaconda	2:51.97	___
7	Bereznicki, Lilly	12	Mt Kelly	2:53.00	___
8	Williams, Lucia	13	Kingston Roy	2:53.20	___

**Heat 4 of 9 Prelims**

1	Davies, Isabella	13	Nofio S Gar	2:50.50	___
2	Wright, Jessica	15	Kingston Roy	2:50.30	___
3	Faulkner, Marie	19	Co Cardiff	2:49.88	___
4	Hadlington, Libby	14	Royal Wolv	2:49.75	___
5	Dowling, Abigail	13	Co Cardiff	2:49.85	___
6	Williams, Emilia	14	Guildford Ct	2:49.90	___
7	Daniel, Megan	14	Caradon	2:50.36	___
8	Gibbs, Harriet	16	Nofio S Gar	2:50.60	___

**Heat 5 of 9 Prelims**

1	Ling, Olivia	14	Co Cardiff	2:49.40	___
2	Lewis, Orla Rose	14	Torfaen D	2:48.85	___
3	Wheeler, Lucy	14	Woking	2:48.32	___
4	Jones, Emily	19	Co Newport	2:46.93	___
5	Taffetsauffer, Isabella	13	Nofio S Gar	2:48.14	___
6	Turner, Jasmine	15	Caradon	2:48.72	___
7	Gardener, Hannah	15	Bridgend Cty	2:49.10	___
8	Worthington, Emma	16	Chirk	2:49.64	___

**Heat 6 of 9 Prelims**

1	Poynter, Grace	22	SurreyUni SC	2:46.82	___
2	Lythgoe, Manon	15	Swansea Aq	2:46.75	___
3	Marski, Payton	14	EllesmereCSA	2:46.42	___
4	Perni, Veronica	15	Co Cardiff	2:45.09	___
5	Speirs, Maisie	18	Nuneaton	2:45.99	___
6	Matthews, Lucy	17	Team Bath AS	2:46.51	___
7	Lee, Edith	14	Co Cardiff	2:46.80	___
8	Ribeiro, Ariana	13	Co Cardiff	2:46.90	___

**Heat 7 of 9 Prelims**

1	Jones, Neve	18	Nuneaton	2:43.70	___
2	Gorman, Helen	52	Co Cardiff	2:41.56	___
3	Morgan, Carys	16	Millfield	2:37.25	___
4	Crowley, Amy	19	Co Cardiff	2:28.60	___
5	Wheeler, Oriana	19	Swansea Uni	2:35.12	___
6	Valentine-Bull, Eleanor	18	Bath Univ	2:39.25	___
7	Neumann, Erin	12	Mt Kelly	2:43.17	___
8	Davies, Ellen	15	Chirk	2:45.05	___

**Heat 8 of 9 Prelims**

1	Smith, Amelia	16	Co Cardiff	2:43.50	___
2	Andrews, Joanne	14	Wrexham	2:41.40	___
3	Rees, Katie	26	Swansea Uni	2:35.66	___
4	Brassington, Sophie	18	Swansea Uni	2:28.00	___
5	Sharp, Laura	22	Swansea Uni	2:33.39	___
6	Van Der Stroom, Isis	18	S Bournem'th	2:38.04	___
7	Palmer-Jones, Evie	19	Co Cardiff	2:43.01	___
8	O Callaghan, Faye	19	Co Cardiff	2:44.88	___

**Heat 9 of 9 Prelims**

1	Williams, Cari	15	Nofio Bangor	2:43.37	___
2	Daw, Alexandra	15	Okehampton	2:40.06	___
3	Kugeler, Emma	15	Mt Kelly	2:35.61	___
4	Taylor, Theodora	15	Torfaen D	2:25.10	___
5	Gibson, Mari	16	Co Cardiff	2:31.50	___
6	Evans, Gwenllian	15	Co Cardiff	2:37.80	___
7	Bruntlett, Amelie	13	Nuneaton	2:41.72	___
8	Williams, Lowri	14	Swansea Aq	2:43.80	___

**Event 208 Men 12 & Over 200 SC Meter IM**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 12 Prelims**

1	Shiland-Griffiths, Enzo	14	NofioGwynedd	2:31.09	___
2	Bostock, Dyfan	14	Wrexham	2:31.02	___
3	Bartram, Solomon	14	Bridgend Cty	2:29.57	___
4	Kelly, Lewis	15	Okehampton	2:27.83	___
5	Vong, Joshua	14	Co Newport	2:28.33	___
6	Braine, Tobias	14	Mt Kelly	2:29.90	___
7	Duggan, Brandon	14	Co Cardiff	2:31.02	___
8	Elmes, Max	13	Nofio S Gar	2:31.72	___

**Heat 2 of 12 Prelims**

1	Hewitt, Archie	14	Torfaen D	2:27.59	___
2	Custer, George	14	Royal Wolv	2:27.10	___
3	Opiniano, Nathaniel	14	Teddington	2:26.65	___
4	Wilson, Aidan	15	Conwy	2:26.05	___
5	Grenardo, Sebastian	15	Okehampton	2:26.47	___
6	Atherton, Morgan	15	Nuneaton	2:26.70	___
7	Evans, Oscar	15	Co Hereford	2:27.41	___
8	Gwynfil, Solomon	14	Co Cardiff	2:27.67	___

**Heat 3 of 12 Prelims**

1	Lawson, William	15	Billingham	2:25.74	___
2	Thomas, Archie	14	Co Cardiff	2:24.40	___
3	Williams, Owen	15	Mt Kelly	2:24.10	___
4	Doyle, Alfie	16	Co Newport	2:23.31	___
5	Brock, Freddy	15	Rct Squad	2:23.76	___
6	Nicolaou, Charlie	14	Mt Kelly	2:24.26	___
7	Park, Reggie Samuel	14	Holywell	2:24.91	___
8	Platts, Samuel	15	Mt Kelly	2:25.99	___

**Heat 4 of 12 Prelims**

1	Arch, Dewi	16	Northgate	2:22.90	___
2	Murphy, Rocco	14	Nuneaton	2:22.14	___
3	Jenkins, Oliver	14	S Bournem'th	2:21.32	___
4	Winpenny, Alfie	14	Teddington	2:20.93	___
5	Phillips, Finley	14	Nofio S Gar	2:21.08	___
6	Montague, Mason	16	Pembs Cty	2:21.70	___
7	Meilleur, Elliot	14	NofioGwynedd	2:22.40	___
8	Gardner, Jack	16	Teddington	2:23.26	___

## Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

## Meet Program - Session 4 (Warmup 7.45 - 8.45)

**Heat 5 Prelims (#208 Men 12 & Over 200 SC Meter IM)**

1	Poynter, Harry	19	Seaclose	2:20.80	___
2	Southwood, Charlie	17	Torfaen D	2:20.60	___
3	Davies, Iwan	16	Co Cardiff	2:20.19	___
4	Winpenny, Dylan	14	Teddington	2:20.00	___
5	McLain, Archie	18	Torfaen D	2:20.01	___
6	Richardson, Osian	16	Swansea Aq	2:20.50	___
7	Foster, Henry	15	Redditch	2:20.70	___
8	Wu, Kevin	20	Swansea Uni	2:20.91	___

**Heat 6 of 12 Prelims**

1	Walker, Freddie	16	Gloucester	2:19.58	___
2	Corani, Kalaum	20	Swansea Uni	2:19.46	___
3	Leatherbarrow, Jack	16	Wrexham	2:19.25	___
4	Winstone, Evan	18	Co Cardiff	2:18.70	___
5	Jasinski, Hubert	17	Co Newport	2:19.05	___
6	Lembac, Razvan	17	Mt Kelly	2:19.41	___
7	Adams, Fynn	15	Teddington	2:19.50	___
8	Owen, Vinnie	16	Co Cardiff	2:19.73	___

**Heat 7 of 12 Prelims**

1	Silverstone, Solomon	15	Pembs Cty	2:18.52	___
2	Upton-Boorman, Liam	17	Nofio S Gar	2:17.44	___
3	Tinkler, Matthew	19	Bath Univ	2:17.40	___
4	Evans, Ieuan	17	Conwy	2:17.20	___
5	Pugh, Morgan	17	Torfaen D	2:17.23	___
6	Greenslade, Benjamin	14	Tiverton	2:17.41	___
7	Gaughan, Luke	17	Billingham	2:18.02	___
8	Powell, Zachary	16	TauntonDeane	2:18.55	___

**Heat 8 of 12 Prelims**

1	Holder, Jakob	17	Teddington	2:16.69	___
2	Keers, Jack	15	Teddington	2:16.13	___
3	Ward, Iwan	16	Droitwich	2:15.54	___
4	Major, Maximus	14	Co Newport	2:14.95	___
5	Holland, Tyler	16	EllesmereCSA	2:15.51	___
6	West, Dexter	15	Pembs Cty	2:16.03	___
7	Prysor, Sami	17	EllesmereCSA	2:16.38	___
8	Thomas, Rhys	19	Swansea Uni	2:16.88	___

**Heat 9 of 12 Prelims**

1	%Broom, Dylan SM14	22	Swansea Uni	2:14.39	___
2	Allpress, Ethan	18	Ulverston	2:14.18	___
3	Bruntlett, Theo	15	Nuneaton	2:13.67	___
4	John, Finlay	18	Bridgend Cty	2:12.92	___
5	Potter, Nathan	19	Bath Univ	2:13.24	___
6	McCarthy, Benedict	15	Co Cardiff	2:13.90	___
7	Rescigno, Alberto	17	EllesmereCSA	2:14.25	___
8	Grenardo, Alexander	17	Okehampton	2:14.52	___

**Heat 10 of 12 Prelims**

1	Sheppard, Rhydian	17	Co Cardiff	2:10.92	___
2	Wright, Ethan	22	Nofio Bangor	2:08.42	___
3	Gillett, Oliver	17	Swansea Aq	2:06.30	___
4	Kendrick, Elijah	20	Swansea Uni	2:03.21	___
5	Patsalides, Antonis	22	Swansea Uni	2:04.56	___
6	Hollinsky, Gideon	19	Swansea Uni	2:07.06	___
7	Stratton, Joe	20	Swansea Uni	2:09.62	___
8	Ma, Ko Kwan	15	Co Cardiff	2:12.02	___

**Heat 11 of 12 Prelims**

1	Ellis-Sixsmith, Ethan	21	Nofio Clwyd	2:10.51	___
2	Gallagher, Reagan	18	TauntonDeane	2:08.35	___
3	Darbey, Rhys	17	Nofio Clwyd	2:05.50	___
4	Armon, Jacob	21	Swansea Uni	2:02.00	___
5	Lee, Tristan	18	Bath Univ	2:04.34	___
6	Geysen-Holley, Max	19	Co Cardiff	2:07.01	___
7	Davies, Evan	18	Co Cardiff	2:09.53	___
8	Edwards, Ross	15	Co Cardiff	2:11.39	___

**Heat 12 of 12 Prelims**

1	Adams, Luke	22	Co Salford	2:10.41	___
2	Burns, Harry	19	Bath Univ	2:07.40	___
3	Anderson, Maxwell	19	Co Cardiff	2:05.21	___
4	Kershaw, Charles	22	Swansea Uni	2:01.70	___
5	Arch, Rhydian	19	Co Cardiff	2:03.35	___
6	Staines, Luca	20	Swansea Uni	2:06.32	___
7	Bamborough, Jack	16	Co Cardiff	2:08.81	___
8	Lee, Ethan	18	Bath Univ	2:11.16	___